



Patio & Take Out Menu

Breakfast & Lunch Served All Day

▪ BREAKFAST ▪

Coffee & Espresso	SINGLE	DOUBLE	TRIPLE
Brewed Coffee	\$1.84	\$2.29	\$2.75
Hot Or Iced Tea	1.84	2.29	2.75
Espresso	2.06	2.52	2.98
Americano	2.29	2.75	3.21
Red Eye	2.52	2.98	3.44
Cappuccino	3.44	3.90	4.36
Latte	3.44	3.90	4.36
Mocha	3.90	4.36	4.82
White Chocolate Mocha	3.90	4.36	4.82
Cafe Breve	3.67	4.13	4.59

Tea Lattes & Steamers

Homemade Chai	\$3.90	\$4.36	\$4.82
Our Own Blend			
London Fog	3.44	3.90	4.36
Earl Grey Latte w/Honey			
Matcha Latte	3.90	4.36	4.82
Yerba Mate Latte	3.44	3.90	4.36
Hot Chocolate	2.52	2.98	3.44
House Made			
Milk Steamer	2.29	2.74	3.21
Specialty Lattes	4.13	4.59	5.05
Malted Latte: Malted Chocolate Or Vanilla			
Honey Vanilla: Honey & Vanilla			
Cafe Black Forest: Chocolate & Raspberry			
Milky Way: Chocolate, Caramel & Vanilla			
Cafe Caribbean: Chocolate & Coconut			
Nuts & Berries: Hazelnut & Raspberry			
Almond Joy: Chocolate & Almond			
Snickerdoodle: Cinnamon & Hazlenut			
Mexican Mocha: Chocolate & Cinnamon			
Butterbeer: Butterscotch, Caramel & Whipped Cream			
Coconut Crush: White Chocolate, Coconut And Raspberry			
Add a flavor shot... 50¢			

Smoothies

Choose Any 3 Fruits	\$7.00
Strawberries, mango, banana, peach, wildberry mix, pineapple	
Add-ins... 50¢ each	
Spinach, carrots, ginger, protein powder, chia seeds, peanut butter powder, vitamin boost, almond milk, soy milk, oat milk, coconut milk	

Baked Goods

<i>Availability changes daily — while supplies last-</i>	
Scones (ask for daily selection)	\$2.75
Cinnamon rolls	3.75
Plain butter croissant	3.00
Chocolate croissant	3.75
Jalapeno cheddar croissant	3.75
Honey raisin bran muffins	3.00
Chocolate chunk brownies (vegan)	2.00
Cranberry oat bars	2.00
Cookies	2.00
Chocolate Chip, Trail Mix, Oatmeal Raisin, Hedgehogs (Gluten Free), Peanut Butter (Gluten Free)	

Prices do not include 9% NH tax

Bagels

Plain, Everything, Asiago, Whole Wheat, Cinnamon Raisin	\$1.50
Toasted with: butter, plain cream cheese, peanut butter, jam	2.75
Toasted with: flavored cream cheese: garlic herb, veggie, jalapeno, greek olive, maple cinnamon or Nutella	3.50

Breakfast Sandwich

choice of Bagel, english muffin, multigrain bread topped with melty cheddar cheese	
One egg	\$4.00
Two eggs	5.00
Add veggies: \$1.00, extra cheese: \$1.00, vegan sausage \$2.50, Substitute gluten free bread or a croissant \$1.00	

Breakfast Burrito

Two eggs scrambled with cheddar, salsa and spicy black beans in a grilled whole wheat tortilla, served with a side of sour cream	\$7.50
sub tofu for eggs	\$2.00

Sunrise Quesadilla

Two eggs scrambled with spinach and cheddar cheese in a grilled whole wheat tortilla, served with fresh salsa and sour cream	\$7.00
Substitute tofu for eggs	2.00
Add vegan sausage	2.50

Breakfast Sundae

greek maple yogurt layered with our homemade granola and bananas	\$6.95
--	--------

Chia Pudding

made with oat milk, cinnamon and real maple syrup, layered with berries and shredded coconut (vegan and gluten free)	\$6.95
--	--------

Bowl of Crazy Good Granola

Homemade! Filled with nuts, seeds, coconut and oats, lightly sweetened with real maple syrup and cinnamon, served with milk	\$5.00
Substitute almond, soy or oat milk	50¢
By the Pound	12.00

▪ LUNCH ▪

Wraps (all served on whole wheat wraps) \$7.50

Green Submarine: choose homemade hummus or spinach pesto. With greens, carrots, tomato, roasted red peppers, sprouts, sunflower seeds and feta cheese	
Mediterranean: mixed greens, artichoke hearts, Greek olives, roasted red peppers, tomato & feta with a lemon tahini dressing	
Monkey Roll: natural peanut butter, banana, sunflower seeds, raisins and honey	
Veggie Burger Wrap	\$8.50

Black beans, rice and sweet potato burger wrapped with mixed greens, carrots, tomato, sprouts & feta cheese with cilantro lime mayo

Quiche

Filled with veggies and cheese – ask for daily selection	\$4.75
add a side garden salad or quinoa salad	8.50

Soup – always homemade!

Served with a corn muffin — ask for daily selection	\$4.75
add a side garden salad or quinoa salad	\$8.50

Big Green Salad

All the veggies! Mixed greens, carrots, tomatoes, roasted red peppers, artichoke hearts, greek olives, sprouts & sunflower seeds topped with your choice of hummus or spinach pesto served with a side of lemon tahini dressing	\$9.95
Add a veggie burger	2.50
Power Bowl: packed with goodness! Quinoa salad topped with roasted sweet potato, sesame zucchini noodles, in house marinated baked tofu and garbanzo beans topped with chia seeds and served with a side of lemon tahini dressing	10.00